

Cranstoun

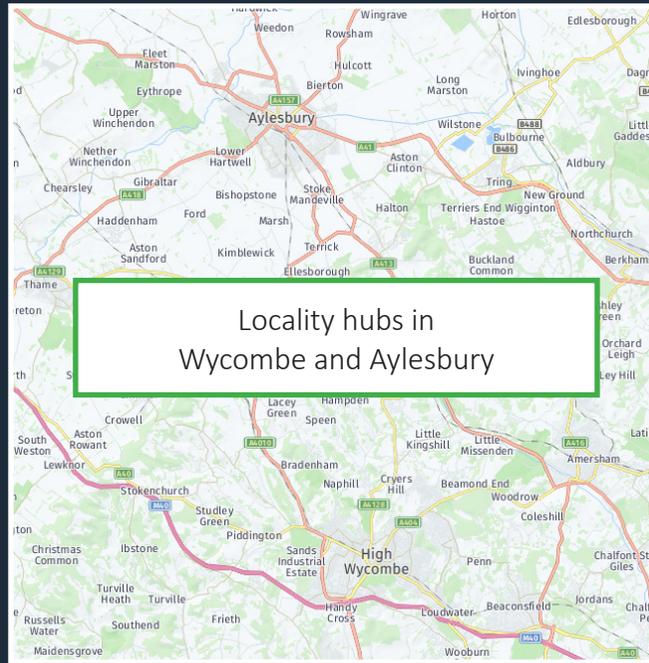
Switch is the name given to the young people's services within Cranstoun. Cranstoun has been empowering people to live healthy, safe and happy lives since 1969. Our skilled and compassionate teams work with service users, families and communities, helping them to make positive changes.

Confidentiality

We'll take the young person through all aspects of confidentiality when they access the service. We do inform other key agencies in the county that the young person has accessed the service, but give no further details.

Equal opportunities

This service is for all young people aged 10 to 18 (up to 25 in exceptional cases). We do not discriminate against anyone on the grounds of gender, race, sexuality, nationality, religious beliefs or disability. We actively promote this important principle of equality and diversity in all our work.

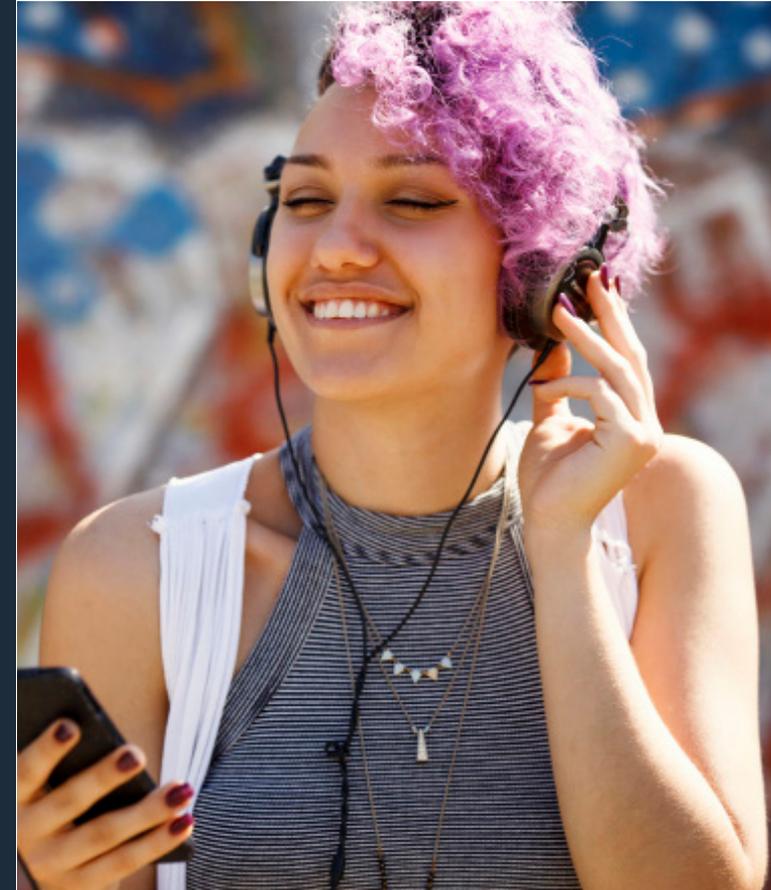


For more information, please get in touch:

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www.cranstoun.org
Registered charity no. 1061582

switch



Giving young people in
Buckinghamshire the power to
make positive changes



Who is it for?

Switch is an alcohol and drug service working with young people across Buckinghamshire. Switch offers support and information, and helps young people to develop life skills to make healthy choices around their alcohol and drug use - choices which are important to them.

Switch also provides support and information for the families and carers of young people who are struggling with substance misuse.

What do we do?

Switch can provide support wherever the young person feels most comfortable - whether that's at our locality hubs, home, school or a café.

They can talk to a friendly and approachable worker who can offer help, information and support while deciding what choices they want to make.



How we help

We take the young person through a journey of discovery, helping them to:



...and we will be with them every step of the way.

What can we offer?

- One to one individual support with a key worker
- Meet the young person wherever they feel most comfortable
- Confidentiality
- Support for families and carers
- Group work
- Professional drug and alcohol training
- Life skill development and AQA unit awards
- Education, training and employment support including supported access to Connexions service
- General health support
- Access to local activities such as cooking, music and arts and crafts
- Access to pharmacological support
- Support dealing with the hidden harm caused by parental substance misuse
- Involve other services as agreed

